



# Can the Use of Alternative Assets in Target Date Funds (TDFs) Improve Outcomes?

## Most DC Retirement Plan Assets Flow into Target Date Funds (TDFs)<sup>1</sup>

In 2017, **93%** of retirement plan QDIAs were TDFs, up from **64%** in 2009.

*New contributions to DC plans being invested in TDFs*

8%

2007

49%

2016

## Alternative Asset Classes Smooth Volatility and Improve Outcomes

The following asset classes are estimated to affect the annual inflation-adjusted retirement income for every \$100,000 in pre-retirement annual wages earned by a full-career employee:

### Private Equity<sup>2</sup>

Increases retirement income between 6% and 13%, depending on the private equity allocation, and between 6% and 12% in a worst-case scenario.

### Real Estate<sup>3</sup>

Provides downside improvements in retirement income between 2% and 3%.

### Hedge Funds<sup>4</sup>

Increases retirement income between 2% and 4% depending on the allocation, and between 4% and 8% in the worst-case scenario.

## A Diversified TDF With a Mix of Alternative Asset Classes Performs the Best

A diversified TDF increases median annual inflation-adjusted retirement income by 17% or by 11% in a worst-case scenario.<sup>5</sup>

Diversifying asset exposures and broadening the investment opportunity provides benefits when markets are stressed.<sup>6</sup>

## More Large Plan Sponsors Are Using Custom TDFs and Alternative Assets

66% of sponsors with more than \$5 billion in assets said they are using custom core funds, which include portfolios that include alternative assets.<sup>7</sup>

Source: Angela M. Antonelli (2018), "The Evolution of Target Date Funds: Using Alternatives to Improve Retirement Plan Outcomes," Center for Retirement Initiatives, McCourt School of Public Policy, Georgetown University and Willis Towers Watson, Policy Report 18-01, Washington, DC.